



**Lakes Life Care Center**  
 840 W. Broadway Ave.  
 Suite 100  
 Forest Lake, MN 55025  
 651-464-0262

[www.lakeslifecarecenter.org](http://www.lakeslifecarecenter.org)

**Affiliated with**  
**Total LifeCare Centers, Inc.**



Use the QR reader on your smart phone to go to our Mobile Donate Page



Keyword "Lakes Life Care Center"

## Board Of Directors

- President**  
 Doug Smith (McNally-Smith College of Music)
- Vice President**  
 Jean Morehead
- Secretary**  
 Mary Stolz, RN
- Treasurer**  
 Diana McEvoy
- Board Members**  
 Lorah Palmer  
 Pastor Daniel Patz (Grace Church)
- Board Advisor**  
 Roy Rueb (Pentair, Inc.,; Ret.)
- Executive Director**  
 Jill M. Wagner
- Medical Director**  
 Dr. Paul Post, M.D. (Fairview Chisago Lakes)
- Nurse Manager**  
 Mary Stolz, RN

Spring 2012 Newsletter

# Lakes Life Care Center

## Life News

### From Scared To Confident

Jamie (not her real name) has been coming to Lakes Life Care since she was a young teenager. She came to us originally for a pregnancy test after her first sexual encounter. This encounter resulted in a pregnancy. We counseled her and offered our help but due to intense pressure from her family she felt she had no other option but to have an abortion. This is a decision that she now regrets and is still very difficult for her to talk about.

She came back to the center a couple of years later and found herself pregnant for the second time. We showed her the baby she was carrying with

an ultrasound and she fell in love at first sight. This time she was not going to let anyone tell her she couldn't carry this child.

She was very scared but wanted as much information as she could get about pregnancy and fetal development. She enrolled in our Earn While You Learn program so she could learn about her baby. As each week went by she became more and more confident in her decision to carry this child and more and more excited about becoming a mother. Jamie surrounded herself with supportive friends and worked hard to find a job and a place to live. Jamie's

baby was born at the end of last year, a beautiful, healthy little girl. Jamie stops by the center from time to time to show off her little bundle of joy. She walks with confidence and pride and that little girl is loved like no other.

Through her experiences Jamie has learned the importance of standing up for yourself and doing what you feel is right. Jamie now brings pregnant girls, she sees struggling to the Lakes Life Care so they can get help and are not forced to make a decision that they will regret later.

### Lakes Life Care Center Hours

**Our Normal Business Hours**  
**1:00 to 5:00**  
**Monday ~ Friday**  
**And By Appointment**

### Wish List

- Diapers sizes 3, 4 & 5
- Spring and Summer new baby clothes newborn to 6 months
- LED Projector
- Grocery & Gas gift cards for Clients
- Baby items—baby wash, diaper ointment, wipes, etc...

### Save The Date For Our 5th Annual Banquet

**Friday, September 28th, 2012**

**5pm to 9pm**

**American Legion, Hugo**

**Come for a night of inspiration, a fabulous speaker, a gourmet dinner and silent and live auctions!**

**If you would like to donate items for the silent auction please contact Jill at 651-464-0262**



Jill Wagner  
 Executive Director

### A Message From The Director

**Do ultrasounds do make a difference.** Some people may wonder if showing a woman her child's beating heart can change her mind about having an abortion. The debate has no clear

cut answers. All I can do is pull from my personal experiences working with women in crisis pregnancies. I can safely say that "YES", it does make a difference. It makes a difference when it is combined with a caring individual who listens to her concerns and

worries and offers her real help. That can change a mind!



## Commemorative and Memorial Gifts

Are you looking for a creative way to honor a loved one? Consider a commemorative or memorial gift to Lakes Life Care Center.

**Mother's Day** ~ We are excited to announce that we have set up a Mother's Day commemorative gift opportunity. Make a donation to the center in your mothers name and we will send her a beautiful Mother's Day card to let her know you gave a gift in her honor. Simply fill out the "Mother's Day Gift" card enclosed in

this newsletter, along with your gift and her card will arrive just before Mother's Day.

**Memorial & Honorary Gifts** ~ Give a gift in honor of, or in memory of a loved one. We will send a card to living relatives so they know a gift was given in their honor of their passed loved one, if the person you are honoring is still living we will send them a card to let them know someone has given a gift in their honor. We will also honor those people in our newsletter if you choose.

## Volunteers Needed

Do you have it on your heart that you want to volunteer your time to a worthy cause? Are you good at organizing? Do you love to help plan events? Are you good with numbers or have experience in accounting? If you are looking for an opportunity to give the gift of time we have several volunteer opportunities available.

The center is seeing much growth in the number of women we are providing services to and in turn we now

have many more volunteer positions that are available. We are looking for volunteers to help in our Baby Boutique, help with events like our Walk For Life and Golf Tournament and someone with accounting experience to help some financial needs. If you are interested in serving you can download an application form our website ([www.lakeslifecarecenter.org](http://www.lakeslifecarecenter.org)) or just stop by the center and chat with one of us.

A generous gift was given in December

**In Memory of  
Herbert and Elizabeth Korf  
By Korf Family Trust**

*We would like to send our sincere gratitude to the Korf family for this wonderful gift.*



Volunteers are the backbone of our program!

## Program Spotlight ~ Earn While You Learn

Pregnancy and parenting are filled with lots of uncertainty. This program helps answer the questions women have and eases their anxiety.

Women can "Earn While They Learn". With each lesson that they complete they will earn Mommy Bucks to shop in our Baby Boutique for needed baby and maternity items.

Many people want to learn how to

be good parents and raise a healthy, happy child.

The center staff is available to provide support and resources during this time of transition and change.

The lessons are fun, interesting and practical. We help women learn how to be the best parent they can be!

*"I really appreciate this program."*

*It's interesting and a lot of help to me and my family. I really didn't know how I was going to make it before I took these classes!"*



## 2nd Annual Walk For Life

**Come "Walk" with us!**

**Lakes Life Care Center's 2nd Annual Walk For Life**

Saturday, May 16, 2012 ~ 9am to 11am

Forest Lake Senior High School Stadium (Rain or Shine)

Only a 2 mile walk on the stadium track ~ Bring the whole family!

Or you can challenge yourself or others to a run

Bottled water and snacks will be provided

Hurry and register by May 2 and receive a free "Walk" t-shirt.

**Registration forms are enclosed in this newsletter.**



## The Gift Of New Life

We are honored to announce the birth of 10 children born to Center clients since our last newsletter

### August

Baby Girl ~ 7 lbs 4 oz, 20 inches

Baby Boy ~ 5 lbs 1 oz, 19 inches

### September

Baby Boy ~ 8 lbs 4 oz, 21 inches

### October

Baby Boy ~ 6 lbs 8 oz, 21 inches

Baby Girl ~ 7 lbs 4 oz, 19 inches

Baby Girl ~ 6 lbs 11 oz 19 inches

### January

Baby Girl ~ (pictured) 6lbs 13 oz, 19 inches

### February

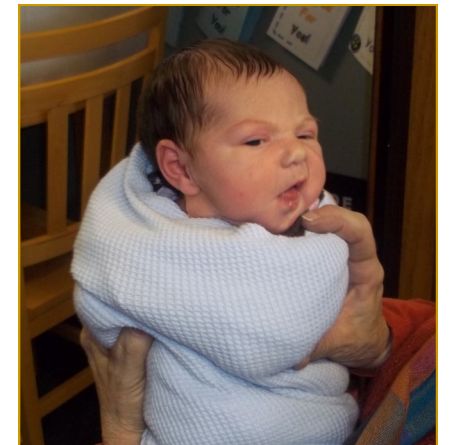
Baby Girl ~ 8 lbs, 20 inches

Baby Girl ~ 7lbs 14 oz, 20 inches

### March

Baby Boy ~ 7 lbs 1oz, 20 inches

All of these children were born healthy and have a great future ahead of them!



*We cannot receive the gift of a baby without embracing God in exchange...*

## Join Our Email List



Beginning in February of this year Lakes Life Care Center started sending out monthly email blasts through Constant Contact. In these emails we give you information about the center; client stories, upcoming events, volunteer opportunities and much, much more. We would love to add you to our list. If you would like to be on our monthly email list simply send an email to Jill at [jillmarwagner@gmail.com](mailto:jillmarwagner@gmail.com) and state "Add me to your email list" and voila you will be added to our list.

**Please note:** Emails only go out once a month and are not used for any other purpose. We do not share our email list with anyone for any reason and only those who sign up for this service are added to the list.